

RI Trans* Health Initiative



Trans* Health Referral Guide

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Table of Contents

About this Guide	3
Primary Care Providers	3
Mental/Behavioral Health Providers.....	5
OB-GYN	9
Emergency Medicine	9
Naturopathy.....	10
Endocrine	10
Surgery	10
Hair Removal and Electrolysis.....	11
Vocal training	11
Birth Resources	11
Clinical Resources.....	11
Community Resources	12
RI LGBT Community Resources.....	12
Education.....	12
HIV/STI Resources.....	12
Mental Health Resources	13
Domestic Violence and Partner Abuse Resources	13
Legal Assistance.....	14
Document Change.....	14
Health Insurance	15
Further Resources	16

About this Guide

This guide was made in response to a need for coordinated and culturally competent health care for the transgender, gender non-conforming, and gender variant (trans*) community in Rhode Island. The goal of this guide is to provide both medical and behavioral health providers and consumers with information about health care providers in the area who work with the RI trans* community.

Although we took care to receive feedback on this guide, a provider's listing in this guide is not an endorsement of their services.

We hope that this guide will be a living document that can change and improve over time. If you have any feedback for this guide, please contact us at ritranshealthinitiative@gmail.com

This guide was made possible with support from the Rhode Island Foundation. This guide was greatly supported by the TGI Network, Northern RI AHEC, The Office of Lt. Governor Elizabeth Roberts, the Rhode Island Public Health Institute, and many individuals.

Primary Care Providers

Name	Derek Andelloux, MD
Affiliation	South County Hospital Family Medicine
Address	3461 S County Trl Ste 301, East Greenwich, RI 02818
Phone	(401) 471-6760
Area of Focus	Family Medicine, Primary Care

Name	Geoffrey Berg, MD
Affiliation	Miriam Hospital, Wayland Medical Associates
Address	160 Wayland Ave, Providence, RI 02906
Phone	(401) 521-1221
Area of Focus	Internal Medicine

Name	Linda Berman, MD
Affiliation	Thundermist
Address	450 Clinton Street, Woonsocket RI 02895
Phone	401-767-4100
Area of Focus	Primary Care, will provide hormones

Name	Dawna Blake, MD
Affiliation	Veteran's Administration
Address	830 Chalkstone Ave, Providence, RI 02908
Phone	(401) 457-3045
Area of Focus	Primary Care, Mental Health, can prescribe hormones

Name	Catherine DeGoode, MD
Affiliation	Meadows Edge Recovery Center
Address	580 Ten Rod Rd, North Kingstown, RI 02852
Phone	(401) 294-6170
Area of Focus	Counseling, hormones, surgical care coordination, substance abuse treatment, primary care

Name	Sara Delaporta, MD
Affiliation	Thundermist
Address	186 Providence Street, West Warwick, RI 02893
Phone	(401) 615-2800
Area of Focus	Primary Care

Name	Anna Filip, MD
Affiliation	Thundermist
Address	186 Providence Street, West Warwick, RI 02893
Phone	(401) 615-2800
Area of Focus	Primary Care, starting a trans* health program at Thundermist

Name	Michelle Forcier, MD
Affiliation	Hasbro Children's Hospital
Address	1 Hoppin St Coro West Suite 305, Providence, RI 02903
Phone	(401) 444-5980
Area of Focus	Adolescent health, primary care

Name	Vanessa Fowlkes, MD
Affiliation	Thundermist
Address	186 Providence Street, West Warwick, RI 02893
Phone	(401) 615-2800
Area of Focus	Primary Care, Women's Health NP, and a Family NP
Last Updated	9-26-14

Name	Amy Goldfarb, MD
Affiliation	Coastal Medical
Address	78 Baker St, Providence RI 02905
Phone	(401) 781-2400
Area of Focus	Internal Medicine, LGBT Health, HIV Care

Name	Sarah Loney, PA-C
Affiliation	Blackstone Valley Community Health Care
Address	39 East Ave, Pawtucket RI 02860
Phone	401-722-0081
Area of Focus	Primary Health Care

Name	Michael Poshkus, MD
Affiliation	Thundermist
Address	186 Providence St, West Warwick, RI 02893
Phone	(401) 615-2800
Area of Focus	Internal Medicine, Infectious Disease

Name	Kenneth Sperber, MD
Affiliation	Coastal Medicine
Address	727 East Avenue, Pawtucket RI 02860
Phone	(401) 725-6160
Area of Focus	Family Medicine

Mental/Behavioral Health Providers

For a more comprehensive list, please go to:
www.youthprideri.org → Resources → Therapy and Doctors

Prescribers:

Name	Daisy Bassen, MD
Affiliation	Independent
Address	340 Broadway St, Providence RI 02909
Phone	401-273-5605, Extension- 4540
Area of Focus	Children and Adolescent, Psychiatry
Last Updated	9-25-14

Name	Jason Rafferty, MD, MPH, EdM
Area of Focus	Triple Board Resident, Adolescent Psychiatry

For medical appointments, the best contact information is:

Hasbro Children's Hospital
1 Hoppin St Coro West Suite 305, Providence, RI 02903
(401) 444-5980

For psychiatric care, the best contact information is:

Hasbro Children's Hospital, Department of Child Psychiatry
593 Eddy Street, POB Building
401-444-4515

Name	Nancy G. Serabian, APRN
Affiliation	Independent
Address	2227 Mineral Spring Ave. Suite 203, North Providence
Phone	401-354-5600
Area of Focus	Clinical Nurse Specialist

Non-Prescribers:

Name	Mildred Bates, DSW, LICSW
Affiliation	Independent
Address	55 Hope Street, Providence, RI 02906
Phone	(401) 952-6795
Area of Focus	Young Adults, Parents, Adoption, Couples, Grief/Loss, HIV+, Trauma

Name	Kimberly Bennett, LICSW
Affiliation	Independent
Address	2227 Mineral Spring Ave. Suite 301, North Providence
Phone	(401) 474-3820
Area of Focus	Autism, Couples, HIV+, Intellectual Disabilities, Kink Friendly, Substance Abuse, Trauma

Name	Heather Bonds-Harmon, LICSW
Affiliation	Independent
Address	100 Lafayette Street Suite 103
Phone	(401) 369-3911
Area of Focus	Children, Adolescents & Young Adults (ages 24 and under), Adoption, Autism, Couples, Families, Grief/Loss, HIV+, Intellectual Disabilities, Kink Friendly, Poly Relationships, Substance Abuse, Trauma

Name	Mandy Crandall, LICSW
Affiliation	Counseling Connections Inc.
Address	1130 Ten Rod Rd. Building E Suite 206 North Kingstown, RI 02852
Phone	(401) 294-3350
Area of Focus	Adoption, Autism, Couples, Families, Grief/Loss, Substance Abuse, Trauma, eating disorders, military

Name	Craig Crawford, LICSW
Affiliation	Independent
Address	331 Broadway Providence, RI 02909
Phone	(401) 272-7130
Area of Focus	Adoption, Couples, Families, Grief/Loss, HIV+, Substance Abuse, Trauma

Name	Kim Crawford, LICSW
Affiliation	Independent
Address	331 Broadway Providence, RI 02909
Phone	(401) 272-7130
Area of Focus	Adoption, Couples, Families, Grief/Loss, HIV+, Substance Abuse, Trauma

Name	John D. DaPonte, LMHC
Affiliation	Independent
Address	105 E. Manning Street, Providence
Phone	(401) 323-7647
Area of Focus	Autism, Couples, Families, Grief/Loss, HIV+, Intellectual Disabilities, Substance Abuse, Learning Disabilities; IQ and Educational Assessment

Name	Paul M. Hoffman, LICSW
Affiliation	Independent
Address	East Greenwich, RI 02818
Phone	(401) 218-0998 (401) 886-5128
Area of Focus	Adoption, Couples, Families, Grief/Loss, HIV+, Kink Friendly, Poly Relationships, Substance Abuse, Trauma

Name	Naydeen Kafalas, LMHC
Affiliation	Independent
Address	640 George Washington Highway Suite 103, #19 Lincoln, RI 02865
Phone	(401) 580-8452
Area of Focus	Autism, ADHD, Anxiety, Depression, Families, Grief/Loss, Sexual Abuse, Trauma

Name	Daphne Kalaidjian, LICSW
Affiliation	Independent
Address	Newport, RI
Phone	(401) 578-4453
Area of Focus	Domestic Violence, Grief/Loss, Substance Abuse, Trauma

Name	Jayna Klatzker, LICSW
Affiliation	Independent
Address	1 Richmond Sq, Providence RI 02906 Suite 132C
Phone	401-297-2021
Area of Focus	Transgender support for Children, Adolescents and Adults. Learning Differences-including Autism Spectrum; Identifying and navigating school and college advocacy needs; parent support, transitions, depression, anxiety, grief. Kink and Poly aware.

Name	Michele D. Paliotta, LICSW
Affiliation	Independent
Address	2227 Mineral Spring Ave, Suite 203, North Providence
Phone	(401) 935-4094
Area of Focus	Trans* health, grief, trauma, depression, has sliding scale with priority given to trans community

Name	Cynthia Rosengard, Ph.D
Affiliation	Independent Psychologist
Address	295 Angell St. First Fl, Providence RI
Phone	(401) 365-4577
Area of Focus	ADHD, Coping Skills, Drug Abuse, Grief, Transitions

Name	Megan Sanderson, MSW, LICSW
Affiliation	Independent
Address	1255 Oaklawn Ave, Cranston, RI 02905
Phone	(401) 286-5068
Area of Focus	Families, Grief/Loss, Substance Abuse, Trauma, anxiety and depression, ADHD

Name	Eliza Sher, LICSW
Affiliation	East Side Psychotherapy, Inc.
Address	295 Governor Street, Providence, RI 02906
Phone	(401) 263-2272
Area of Focus	Adoption, Couples, Grief/Loss, Kink Friendly, Trauma

OB-GYN

Name	John Morton, MD
Affiliation	Memorial Hospital & Women's Health Care Specialists
Address	174 Armistice Blvd Pawtucket, RI 02860
Phone	(401) 729-3600
Area of Focus	OB/GYN

Emergency Medicine

Name	Liz Samuels, MD
Affiliation	RI Hospital, Miriam Hospital, Hasbro Hospital
Address	Emergency medicine resident—rotates hospitals
Area of Focus	Emergency Medicine

Name	Benjamin Margolis, MD
Affiliation	RI Hospital ER Neurology/Psychiatry
Address	593 Eddy Street Providence RI
Area of Focus	Emergency Medicine – Psychiatry/Neurology

Naturopathy

Name	Marcy Feibelman, ND
Affiliation	Leaves of Change Natural Medicine
Address	Providence, RI (in process of moving locations)
Phone	508-343-0580
Email	marcy@leavesofchangemedicine.com
Area of Focus	Naturopathy, Chronic Illness, Preventative Care

Name	John Straus, MD and ND
Affiliation	Progressive Health
Address	189 Governor St, Suite 202, Providence RI 02906
Phone	(401) 455-1772
Area of Focus	MD and ND, focuses in natorpthy and medicine

Endocrine

Name	Geetha Gopalakrishnan, MD
Affiliation	Rhode Island Hospital
Address	593 Eddy St, APC7 Providence RI 02903
Email	Geetha_Gopalakrishnan@brown.edu
Area of Focus	Endocrine, hormones

Surgery

Name	Stephen Sullivan, MD
Affiliation	Rhode Island Hospital
Address	2 Dudley St #180, Providence, RI 02903
Phone	(401) 444-2299
Area of Focus	Cosmetic Surgery, Craniofacial surgery

Name	Helena Taylor, MD
Affiliation	Rhode Island Hospital
Address	2 Dudley St #180, Providence, RI 02903
Phone	(401) 444-2299
Area of Focus	Cosmetic Surgery, Craniofacial surgery

Hair Removal and Electrolysis

Name	Sandra Bauman
Affiliation	Cranston Electrolysis Treatment Center
Address	1020 Park Avenue Suite 105, Cranston RI 02910
Phone	(401) 270-6508

Name	Donna Bayrouy, RE ChT or Lynn DiPietro, RE ChT
Affiliation	D + L Aesthetics
Address	541 Pleasant St, Worcester, MA 01602
Phone	508-752-7113

Vocal training

Name	Sherri Miller MEd, CCC/SLP
Affiliation	Licensed Speech Pathologist
Address	475 Franklin St. Suite 201 Framingham, MA 01702
Phone	508- 620-9094
Email	slrtalk@conversent.net
Website	www.speechlanguageresources.com

Birth Resources

<http://www.transbirth.com/> is a website directory of birth providers (OB-GYNs, midwives, doulas, etc.) who work with the trans* community.

Clinical Resources

Transline: A national online transgender medical consultation service that offers health care providers up-to-date transgender clinical information and individualized case consultation across a broad range of clinical transgender issues. TransLine is staffed by expert medical providers from LGBT clinics from around the nation who can help you provide the best possible care to your transgender patients.

Website: <http://project-health.org/transline/>

Community Resources

RI LGBT Community Resources

TGI Network: TGI Network of Rhode Island is the only statewide organization providing support and advocacy for the TGI community in Rhode Island and surrounding areas.

Our mission is to serve the needs of the transgender, gender-variant, and intersex (TGI) communities in Rhode Island and surrounding areas through support, advocacy, and education. We seek to be a resource for TGI people navigating their life journeys as well as the legal and medical systems through our own programs and through collaboration with other organizations. In addition, we seek to serve as a resource to professionals working with the TGI community and as a liaison between the TGI and LGBT communities as well as the community at large.

Website: <http://www.tginetwork.org/>

Youth Pride, Inc (YPI): YPI's goals are to meet the unique and ongoing needs of youth and young adults impacted by sexual orientation and gender identity/expression through advocacy, support and empowerment to bring about social change. YPI envisions a world that is safe, accepting and without prejudice where and young adults impacted by sexual orientation and gender identity/expression can express themselves freely and reach their true potential.

Website: <http://www.youthprideri.org/>

Education

Northern RI AHEC: The Northern Rhode Island Area Health Education Center has been in operation since April of 2006 with an organizational mission to “foster academic, training, and community collaborations that benefit the public by improving the supply and distribution of a high quality, culturally sensitive, interdisciplinary work force that transcends barriers and supplies people with the care they deserve.”

Website: <http://www.northernriahec.org/>

The Center for Sexual Pleasure and Health: The Center for Sexual Pleasure and Health (The CSPH) is a sexuality training and education organization that works to reduce sexual shame, challenge misinformation, & advance the field of sexuality. This is achieved by coordinating professional trainings for health care providers, educators, and counselors, holding educational initiatives and community events within the local communities, and offering a rigorous internship program for students and new professionals. They consider gender to be an important part of holistic sexuality education and provide comprehensive trainings for health professionals around how to provide affirming and appropriate care for people of all gender identities and expressions

Website: www.thecsph.org

HIV/STI Resources

AIDS Project RI: AIDS Project RI was founded approximately 30 years ago as a non-profit organization dedicated to providing compassionate, non-judgmental and collaborative response to the needs of people infected, affected and at-risk of HIV/AIDS.

Website: aidsprojectri.org

Miriam Hospital STD Clinic: The Miriam Hospital offers testing for HIV/AIDS, syphilis, gonorrhea, chlamydia, trichomonas, and hepatitis. Testing for HIV, STDs and HCV is offered at The Miriam Hospital's 1125 North Main Street office on a walk-in basis every Wednesday, Thursday and Friday from 12:30 to 3:30 p.m. and at other days and times by appointment. Testing is provided free for those without insurance. For more information, please call 401-793-4715.

Website: http://www.miriamhospital.org/Infectious_Diseases_Testing.html

AIDS Care Ocean State: AIDS Care Ocean State offers a wide range of programs and services to our clients and their families. We aim to provide comprehensive care to persons living with HIV/AIDS in Rhode Island. Free testing for HCV, HBV and HIV is offered in collaboration with AIDS Care Ocean State at the Broad Medical Building at 557 Broad Street in Providence on Tuesdays and Wednesdays from 1 to 3 p.m. and on Thursdays from 10 a.m. to 1 p.m. For more information, please call 401-781-0665

Website: <http://www.aidscareos.org/>

Mental Health Resources

GLBT Helpline of RI: The mission of the Gay, Lesbian, Bisexual, and Transgender Helpline of Rhode Island is to provide resources and referrals to the community and to provide information that will enrich, enlighten, and educate the public.

Website: glbthelpline.org

Samaritans RI: Within the belief that suicide is generally preventable, the mission of The Samaritans is to help reduce the incidents of suicide in Rhode Island through greater access to information and resources.

Website: www.samaritansri.org

The Trevor Project: The Trevor Project is determined to end suicide among LGBTQ youth by providing life-saving and life-affirming resources including our nationwide, 24/7 crisis intervention lifeline, digital community and advocacy/educational programs that create a safe, supportive and positive environment for everyone.

Website: thetrevorproject.org

Domestic Violence and Partner Abuse Resources

Day One: Day One provides services to victims of sexual assault, domestic violence, and other violent crimes and educates the public throughout the state of Rhode Island.

Website: www.dayoneri.org

Sojourner House RI: Sojourner House is an advocacy and resource center for domestic violence victims in Rhode Island. Sojourner House is a comprehensive domestic violence agency. Every day, we serve victims of relationship violence by providing shelter, advocacy, referrals, and other resources. In our mission to end violence, we also work in our surrounding communities to provide violence prevention education programs. We know that violence can happen in a cycle, and it is our mission to help interrupt and prevent that cycle from continuing.

Website: www.sojournerri.org

The Network La Red: The Network/La Red is a survivor-led, social justice organization that works to end partner abuse in lesbian, gay, bisexual, transgender, BDSM, polyamorous, and queer communities. Rooted in anti-oppression principles, our work aims to create a world where all people are free from oppression. We strengthen our communities through organizing, education, and the provision of support services.

Website: <http://tnlr.org/>

Legal Assistance

The RI American Civil Liberties Union (ACLU): “The RI ACLU performs its work in three major ways: litigation, legislation and education. The cases that we take, the bills we lobby on and the public education activities that we sponsor, are designed to help preserve and protect the civil liberties of all Rhode Islanders against government infringement.”

Website: <http://www.riaclu.org/>

Phone: 401-831-7171

Gay and Lesbian Defenders (GLAD): Through strategic litigation, public policy advocacy, and education, Gay & Lesbian Advocates & Defenders works in New England and nationally to create a just society free of discrimination based on gender identity and expression, HIV status, and sexual orientation. Through the Transgender Rights Project (TRP), GLAD puts our litigation, legislative, and educational assets to work in a focused way to establish clear legal protections for the transgender community.

Website: <http://www.glad.org/>

Phone: 617-426-1350

Transgender Law and Policy Institute: We are a non-profit organization dedicated to engaging in effective advocacy for transgender people in our society. The TLPI brings experts and advocates together to work on law and policy initiatives designed to advance transgender equality.

Website: <http://www.transgenderlaw.org/>

Document Change

TGI Network of Rhode Island keeps an updated resource to support individuals through the process of changing legal and medical documents.

Website: <http://www.tginetwork.org/resources/documentation-changes>

Health Insurance

Please also refer to the **Practice and Clinical Management Guide** for more guidance around how to submit to insurance for coverage of trans* related care.

Human Rights Campaign’s “Finding Insurance for Transgender-Related Health Care:” The following insurance carriers (in link below) can provide plans without blanket exclusions for transgender-related healthcare either through fully insured plans or as third party administrator of self-insured plans. Below is a list of direct links to the carriers’ websites where the clinical policy bulletins (i.e. their major guidelines) for transgender-related treatments are openly available. Please feel free to consult these resources as you evaluate your employer’s health plan. Employers will still need to negotiate for the specific coverage but the bulletins outline the insurance companies’ clinical standards of care should an employer elect to have the coverage.

Please note that these plans are not endorsed by the HRC Foundation, but are presented to help navigate inclusive care offerings to the extent that plan documentation is publicly available

Website: <http://www.hrc.org/resources/entry/finding-insurance-for-transgender-related-healthcare>

Health Source RI: As part of the Affordable Care Act, HealthSource RI will improve the health of all Rhode Islanders by connecting you to quality, affordable healthcare. Through a set of easy-to-use, powerful tools, we’ll transform healthcare in the Ocean State. As the plans we offer compete for your business, we’ll be able to drive the cost of care down. And by negotiating for the options that best suit your needs, we’ll ensure you get the benefits and support you deserve so we can all live the healthiest lives we possibly can.

Website: <http://www.healthsourceri.com/>

Blue Cross Blue Shield RI: An insurance company that Offers member services, plans and programs, healthcare information, health links.

Website: <https://www.bcbsri.com/>

RI Medicare: Medicare is the nation’s health insurance program for people 65 and older, and younger people who are disabled or who have end stage renal disease. Medicare consists of four parts—Part A (Hospital Insurance), Part B (Medical Insurance), Part C (Medicare Advantage Insurance Plans) and Medicare Part D (Medicare Prescription Drug Plans). Almost all persons over age 65 are automatically entitled to Medicare Part A if they or their spouse are eligible for Social Security or Railroad Retirement.

Website: <http://www.dea.ri.gov/programs/medicare.php>

Transgender Health Benefits: Negotiating for Inclusive Coverage

While the behavior of medical professionals may be out of your control, you can change the way your insurance carrier treats your transgender employees. The next time your health benefits contract is up for renewal, you can go to the negotiation table armed and ready to protect all of your employees. This guide gives you the information you need to clear each hurdle on your way to achieving equitable health benefits

Website: <http://translaw.wpengine.com/issues/health/healthinsurance>

Transgender Rights Toolkit: A Legal Guide for Trans People and Their Advocates

A brief guide to support people in submitting to their insurance companies if there are blanket exclusions on transgender care. This document was compiled by Lambda Legal.

Website: <http://www.lambdalegal.org/publications/trans-insurance>

Further Resources

Thank you to the TGI Network for assistance with compiling this information.

LGBT Health Education Center: The National LGBT Health Education Center provides educational programs, resources, and consultation to health care organizations with the goal of optimizing quality, cost-effective health care for lesbian, gay, bisexual, and transgender (LGBT) people.

Website: <http://www.lgbthealtheducation.org/>

UCSF Center for Excellence for Transgender Health: The mission of the Center of Excellence for Transgender Health is to increase access to comprehensive, effective, and affirming health care services for trans and gender-variant communities.

Website: <http://transhealth.ucsf.edu/>

TGI Network: TGI Network of Rhode Island is the only statewide organization providing support and advocacy for the TGI community in Rhode Island and surrounding areas.

Our mission is to serve the needs of the transgender, gender-variant, and intersex (TGI) communities in Rhode Island and surrounding areas through support, advocacy, and education. We seek to be a resource for TGI people navigating their life journeys as well as the legal and medical systems through our own programs and through collaboration with other organizations. In addition, we seek to serve as a resource to professionals working with the TGI community and as a liaison between the TGI and LGBT communities as well as the community at large.

Website: <http://www.tginetwork.org/>

Fenway Health: The mission of Fenway Health is to enhance the wellbeing of the lesbian, gay, bisexual and transgender community and all people in our neighborhoods and beyond through access to the highest quality health care, education, research and advocacy.

Website: <http://www.fenwayhealth.org>

National Center for Transgender Equity: The National Center for Transgender Equality (NCTE) is a 501(c)3 social justice organization dedicated to advancing the equality of transgender people through advocacy, collaboration and empowerment. NCTE was founded in 2003 by transgender activists who saw the urgent need for a consistent voice in Washington DC for transgender people.

Website: <http://www.transequality.org/>

National Gay and Lesbian Task Force: Transgender people and issues are core to our work at the Task Force. We are proud of our history as one of the first national LGBT organizations to include transgender people in our mission, starting in 1997.

At the Task Force, we recognize that transgender people, like all LGBT people, are diverse, coming from many different racial, ethnic, and class backgrounds and ranging in age and ability just like the rest of society.

Website: <http://www.thetaskforce.org/issues/transgender/>

Massachusetts Transgender Political Coalition: Founded in 2001, the Massachusetts Transgender Political Coalition (MTPC) is an advocacy, education, and community-building organization that works to end discrimination on the basis of gender identity and expression. The aim of MTPC's programming is to improve the lives of the Massachusetts transgender youth, adults, and their families by 1) organizing and empowering transgender people to advocate for themselves; 2) developing leadership within transgender communities through community education and opportunities; 3) educating the public, the media, and institutions about issues facing transgender communities; 4) increasing the awareness of policy makers about the needs of transgender communities; and 5) advocating for equal access through policy changes at the institutional, state, and local levels. This programming was created in direct response to the needs voiced to MTPC by transgender people through requests and further reiterated in the findings of a 2009 community needs survey conducted by MTPC.

Website: <http://www.masstpc.org/>